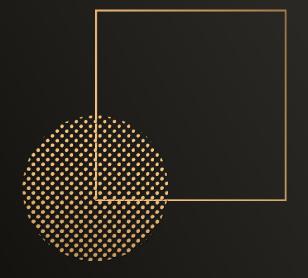
South Beach Symposium Miami Beach, FL

February 6 - 8, 2024



Presented by Michael H. Gold, MD Gold Skin Care Center Tennessee Clinical Research Center Nashville, TN 37215

Academic Appointments



01. Assistant Clinical Professor

- Department of Medicine, Division of Dermatology, Nashville, TN USA
- Vanderbilt University School of Medicine: 2006-2014
- Vanderbilt University School of Nursing: 2006-2020

02. Adjunct Assistant Professor

- Meharry Medical College: 2013 Present
- · School of Medicine, Nashville, TN

03. Visiting Professor of Dermatology

- · Huashan Hospital, Fudan University (Shanghai Medical University), Shanghai, China
- The First Hospital of China Medical University, Shenyang, China:
- Guangdong Provincial People's Hospital, Guangzhou, Zhejiang

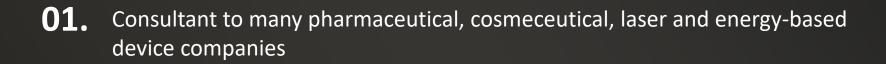
04. Visiting Professor of Plastic Surgery

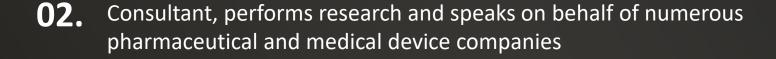
- · First People's Hospital of Foshan University, Guangdong, China
- The First Affiliated Hospital of Zhejiang University, Hangzhou, Zhejiang
- · Rongjun Hospital, Jiaxing, China
- The People's Hospital of Hunan Province, Changsha, China

5. • Editor-in-Chief – Journal of Cosmetic Dermatology – Wiley: 2016-Present

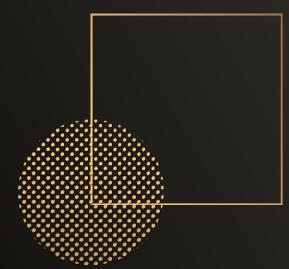
Editor-in-Chief- Dermatological Reviews – Wiley: 2019 - Present

Conflict of Interest





03. For the benefit of this presentation Dr. Gold has no conflicts of interest



- Buying Energy-Based Devices is one of the most important decisions that one is going to make when starting or wanting to expand your cosmetic practice
- And it's not just cosmetics, there are EBDs that can also enhance medical practices
- You need to be pragmatic, you need to be smart, and you must know something about negotiating

- Keep this in mind as we are in month 2 of 2025
- The EBD companies will tell you we are booming in aesthetics
- And we are!!!
- But we are also at a time where most every EBD company is struggling to some degree inflation, political climate, and competition
- And there are way too many providers out there which has without a doubt – hurt the core market and now is seriously affecting the noncore market

- So you are wanting to buy an EBD?
- How do you decide which one to buy?
- Do you buy a stand alone device or do you buy a platform device
- And what technology should be first?
- These are things that one must decide

- What do you do first???
- First, figure the technology that you want to be doing the most of
- Then check your competition in the area where you practice
- If there are 10 offices and all 10 do IPL, should you consider an IPL or look for something different?
- Do they know something you don't know?

- If you ask 10 laser docs which laser to buy first you are going to get 10 different answers
- One may like this one and others will like others
- So there is no right answer
- But here are my thoughts

- Stand alone or Platform device
- Stand alone allows you to focus on that technology
- If you have several stand alone devices make sure that you have the room to have these
- May be harder in big cities compared with other locals

- Platform devices allow you to buy now what you need or want and then grow with newer technologies that may work well in your office
- You can buy 1, 2, or 3 part of the platform and grow as the business grows
- There is one main problem with platform devices you can only do one treatment at a time and the other parts of the platform may not be used in that particular treatment

- What order do you buy EBDs for your practice?
- There is no firm rule
- This next slide is a list I made when I did this kind of talk in 2017

- My order to buy (2017)
 - IPL
 - Laser Hair Removal
 - RF for Skin Tightening +/- Ultrasound for Skin Tightening
 - Fractional Ablative System
 - Fractionated RF
 - Fractionated US
 - Cryolipolysis
 - Tattoo Lasers
 - Not necessarily right, but would fit into what I like to do and have done over my career

- 2025 my order
 - 1. IPL to me, still the most versatile device I own
 - 2. Microneedling RF
 - 3. Short-Pulsed 1064 nm laser
 - 4. Ultrasound for Skin Tightening
 - 5. RF or Laser for Fat Reduction
 - 6. 589 nm Vascular Laser
 - 7. 2710 nm Fiber Laser for resurfacing
 - 8. Picosecond Laser
 - 9. Laser Hair Removal
 - 10. Ablative Fractional Laser
 - 11. Non-Ablative Fractional Laser
 - All of these come stand alone and some come on various platforms

- Now you know what you want what's next?
- What's the best way to get rid of a laser salesman????
 - Buy a laser!!!
 - This used to be a true statement it cannot be that way in 2025
 - The laser salesman play an integral role during the process and making s ure that you are connected with all the integral players within the laser company
 - You need to make sure that you are connected to everyone who can help you grow your business and can take care of you when a situation arises

- You are ready to buy your laser what next?
 - 1. Buy or lease?
 - 2. Warranty How Long?
 - 3. Service Contracts Negotiate at the beginning or not?
 - 4. Teaching and in-service agreements
 - 5. Marketing Material?
 - 6. Being on the company's Find a Doc
 - 7. And most important == when do you buy your device???

When should you buy your laser???

- Buying a Laser
- Best time to buy a laser is
 - 1. At the end of each quarter
 - 2. The best time is December 31st at about 11:55 PM

- You must negotiate your EBD price
- Every EBD is negotiable
- Every EBD has large markups the salesman needs to make a commission, his or her manager needs to make a commission, their manager needs to make a commission, and on and on
- Be smart play the game
- Ask experts we have all been there before

- In the end have fun with this process
- EBDs are toys for adults
- They are expensive toys but if done right, they can surely enhance your practice

