# Microneedling RF Update 2025

## South Beach Symposium Miami Beach, FL

February 6 - 8, 2024

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Presented by Michael H. Gold, MD Gold Skin Care Center Tennessee Clinical Research Center Nashville, TN 37215

# Academic Appointments

## **01.** Assistant Clinical Professor

- Department of Medicine, Division of Dermatology, Nashville, TN USA
- Vanderbilt University School of Medicine: 2006-2014
- Vanderbilt University School of Nursing: 2006-2020

## **02.** Adjunct Assistant Professor

- Meharry Medical College: 2013 Present
- School of Medicine, Nashville, TN

### **03.** Visiting Professor of Dermatology

- Huashan Hospital, Fudan University (Shanghai Medical University), Shanghai, China
- The First Hospital of China Medical University, Shenyang, China:
- Guangdong Provincial People's Hospital, Guangzhou, Zhejiang

### **04.** Visiting Professor of Plastic Surgery

- First People's Hospital of Foshan University, Guangdong, China
- The First Affiliated Hospital of Zhejiang University, Hangzhou, Zhejiang
- Rongjun Hospital, Jiaxing, China

05.

- The People's Hospital of Hunan Province, Changsha, China
- Editor-in-Chief Journal of Cosmetic Dermatology Wiley: 2016-Present
  - Editor-in-Chief- Dermatological Reviews Wiley: 2019 Present



# Conflict of Interest

**01.** Consultant to many pharmaceutical, cosmeceutical, laser and energy-based device companies



- **02.** Consultant, performs research and speaks on behalf of numerous pharmaceutical and medical device companies
- **03.** For the benefit of this presentation, consultant, Investigator, Speaker for almost every company in this space

# Microneedling New Concepts to Consider

- Microneedling is one of the most popular cosmetic procedures in 2025
- From rollers to pens to RF pins to RF needles this field continues to grow
- This talk will highlight some of the concepts that make this technology popular

# Microneedling New Concepts to Consider

- We know microneedling can improve skin texture, lines, and wrinkles
- We know microneedling can improve acne scars
- Will needling work for hypertrophic scars and keloids?
- Will needling work to improve the vascular component of aging?
- Will needling work to improve pigment?

# Acne scars- Use of needling devices wileyonlinelibrary.com/journal/der2

INVITED REVIEW	Dermatological Reviews WILEY									
Acne scars—Use c	ne scars—Use of needling devices									
Marci D. Levy MS, PA-C <sup>1,2</sup>	<sup>2</sup>									
<sup>1</sup> Gold Skin Care Center, Nashville, Tennessee <sup>2</sup> Tennessee Clinical Research Center, Nashville, Tennessee Correspondence Marci D. Levy, MS, PA-C, Gold Skin Care Center, 2000 Richard Jones Rd Ste 220, Nashville, TN 37215. Email: mlevy@goldskincare.com	<ul> <li>Abstract</li> <li>Background: Acne scarring is a common concern with psychosocial implications and numerous treatments available. Patient comfort, ease of treatment, satisfaction, and access can all impact adherence.</li> <li>Objective: To discuss common needling technology available including electronic microneedling pens, fractional radiofrequency (RF) delivery via microelectrodes termed pins, and fractional RF microneedling treatment platforms.</li> <li>Methods: A literature review of commonly used available platforms and their associated data. Platforms discussed will be electronic microneedling pens (SkinPen, Crown Aesthetics; Collagen P.I.N. [percutaneous induction therapy], induction therapies), RF microneedling pins (eMatrix; Candela, Venus Viva; Venus Concept), and RF microneedling (Intensif, EndyMed Medical; Fractora and Morpheus8, InMode Ltd; Infini and Genius; Lutronic Inc; PiXel8-RF, Rohrer Aesthetics; Legend Pro, Lumenis).</li> <li>Results: Microneedling, RF microneedling pins, and RF microneedling are well-tolerated and effective for improving acne scarring, skin texture abnormalities, and overall aesthetic status. These modalities have been demonstrated to be safe on darker Fitzpatrick skin types and are often associated with minimal patient discomfort and good patient satisfaction.</li> </ul>									
	<b>Conclusion:</b> Needling technology will continue to improve and is worth considering when offering treatment of acne scarring given shortened downtime, ease of access, and subjective and objective improvement demonstrated in literature.									

acne scarring, microneedling, microneedling pins, needling, radiofrequency microneedling

Microneedling for the Treatment of Scars: An Update for Clinicians Clinical, Cosmetic and Investigational Dermatology 2020:13 997–1003

#### Clinical, Cosmetic and Investigational Dermatology

open access to scientific and medical research

Open Access Full Text Article

#### REVIEW

Dovepress

## Microneedling for the Treatment of Scars: An Update for Clinicians

This article was published in the following Dove Press journal: Clinical, Cosmetic and Investigational Dermatology

#### Margit LW Juhasz<sup>1</sup> Joel L Cohen<sup>1,2</sup>

<sup>1</sup>University of California, Department of Dermatology, Irvine, CA, USA; <sup>2</sup>AboutSkin Dermatology and DermSurgery, Greenwood Village, CO, USA **Background:** Microneedling (MN) is used for the treatment of scars, amongst other indications. Although used in Asia and the Middle East for decades, related to the supposed lack of post-procedure pigmentary alterations even in darker skin types, MN only recently gained attention in the United States as an effective, well-tolerated aesthetic treatment.

Materials and Methods: A systematic review of the Medline database was completed using search terms "microneedle" or "microneedling" or "micro needle" or "micro needling" and "scar". Included articles were written in English and discussed the use of MN for the treatment of scars in human subjects.

**Results:** Fifty-eight studies were included for review, with a total of 1845 patients treated for acne scarring, hypertrophic or keloid scars, and those resulting from surgery, trauma, varicella or smallpox. MN and its counterpart fractional radiofrequency MN (FRF-MN) were used as monotherapy or in combination with topical, surgical or systemic modalities. MN and FRF-MN treatment resulted in clinical improvement of scar appearance from baseline. No serious adverse events occurred.

**Conclusion:** MN is a well-tolerated, minimally invasive procedure that can be used for the treatment of scars with a high level of patient satisfaction. Further clinical studies are needed to develop standardized treatment protocols.

Keywords: microneedling, laser, peel, platelet-rich plasma, scar

# Benefits of fractional radiofrequency treatment in patients with atrophic acne scars – Literature reviews J Cosmet Dermatol. 2021;20:381–385

#### REVIEW ARTICLE



Benefits of fractional radiofrequency treatment in patients with atrophic acne scars - Literature review

Cristina Cucu<sup>1</sup> | Alexandra-Irina Butacu<sup>2</sup> | Bogdan-Dimitrie Niculae<sup>1</sup> | George-Sorin Tiplica<sup>2</sup>

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#### Abstract

Objective: Acne scars carry a huge physical and psychological impact on people. This article aims to evaluate the role of fractional radiotherapy in treatment of atrophic acne scars. The main objective includes providing an up-to-date review of existing literature, presenting the most significant studies conducted in this field.

Methods: In order to study the impact of fractional radiotherapy on the appearance of atrophic acne scars, we conducted a search on Pubmed using the keywords "fractional radiotherapy", combined with/or "acne", "atrophic acne scars" and "acne scars" and found 75 papers, from which we selected 39.

Results: There are several therapeutic approaches for the improvement of acne scars with variable results and possible side effects. Fractional radiofrequency system has been used widely in the last years, as it turned out to be an effective treatment method, either in combination with other modalities, or alone.

Conclusion: There are no generalized clinical guidelines adopted to standardize atrophic acne scar treatment. The multiple therapeutic options available create a dilemma in choosing the proper method in order to enhance its efficacy and to minimize its risks. The accumulated experience in nonablative collagen stimulating devices like fractional radiofrequency has proven that thickening of interstitial fibers in the dermis is possible with a controlled thermal injury, without epidermal damage and development of side effects.

#### KEYWORDS

Atrophic acne scars, Fractional radiotherapy, Skin barrier, Skin physiology/structure, Statistics

# Microneedling – Dermal Rollers



"Skin needling induces collagen and elastin production by employing the body's natural mechanisms that for the first time, as far as we know, produces regeneration of the skin and its matrix. There is no scar formation and the procedure can be safely repeated until the desired effect is achieved."

- Dr Des M.B. B.Ch. F.R.C.S(Edin)

Dr. Des Fernandes is the father of microneedling as we know it Plastic Surgeon from Cape Town, South Africa First developed the technique used today

# **RF Microneedling Pins and Needles**

#### • RF Pins

- eMatrix no longer available
- Viva
- VivaMD
- Reverso
- RF Needles Continuous Wave (>0.1 sec)
  - Profound bipolar
- RF Needles Continuous Wave (<0.1 sec)
  - Intensif
  - Fractora, Morpheus8
  - Vivace Ultra
  - Vivace and Vivace Pro
  - Agnes & Scarlet
  - Secret
  - Infini, Genius
  - INTRAcel
  - PiXel8 RF and Fraxis Duo
  - Potenza monopolar and bipolar
  - Exion monopolar
- RF Needles Pulsed and Continuous Wave (up to 0.03 sec)
  - Sylfirm X

eMatrix

# 2021 : Not Available at this time

# RF Microneedling – The Beginning



# Hruza G, Taub AF, Collier SL et al. J Drugs Dermatology 2009;8(3): 259 – 265.



coagulation/necrosis. These effects were coverage mode and energy density dependent. Subjects undergoing facial treatment had minimal pain, no permanent side effects or significant downtime. Investigators' assessment for improvement in skin texture correlated with subjects' evaluation and was greater than 40% for approximately 50% of subjects. Eighty percent of the subjects were satisfied with the results. Higher energy levels and lower coverage rates produced better aesthetic results along with less pain. **Conclusions:** The clinical observations and histological findings suggest that fractionated ablative skin resurfacing using Matrix RF resulted in a safe, tolerable and effective improvement in skin texture and reduction of wrinkles. The depth of tissue ablation, coagulation and necrosis and the relative proportions of these phenomena were found to be controllable and could be modulated to optimize treatment of variable dermatologic conditions.

# Treatment of acne scars by fractional bipolar radiofrequency energy

Journal of Cosmetic and Laser Therapy, 2012; 14: 172-178

informa healthcare

#### ORIGINAL RESEARCH REPORT

#### Treatment of acne scars by fractional bipolar radiofrequency energy

#### MICHAEL H. GOLD<sup>1,2</sup> & JULIE A. BIRON<sup>2</sup>

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#### Abstract

Background/Objective: A variety of modalities are available for the treatment of acne scars. This prospective, IRB-approved study evaluates the efficacy and tolerance of fractional bipolar RF energy in the treatment of facial acne scars. Methods: Healthy subjects (n = 15, 13 females, aged  $35.7 \pm 5.6$  years [mean  $\pm$  SD], skin types I–V) with mild to moderate acne scars received three monthly treatments with a fractional bipolar RF device. Improvement and tolerance were evaluated at each visit, including a 1-month and 3-month follow-up visit. Results: Ten subjects completed the study. Physician-assessed acne scar severity was significantly reduced at 1 month and 3 months. Adverse effects were limited to transient erythema. Dryness, bruising and crusting erosion were limited. Subject-assessed stinging/burning, stinging (alone), tingling, itching and burning were also limited and consistent with each treatment. Subject-assessed fine lines and wrinkles, brightness, tightness, acne scar texture, pigmentation were all improved significantly. Satisfaction was high in 67–92% of subjects. Conclusion: Fractional bipolar RF energy is a safe and effective modality for the treatment of acne scars.

Key Words: acne scars, fractional, radiofrequency, bipolar

# Enhanced high-energy protocol using a fractional bipolar radiofrequency device combined with bipolar radiofrequency...

## J Cosmet Dermatol. 2017:16:205-209

Enhanced high-energy protocol using a fractional bipolar radiofrequency device combined with bipolar radiofrequency and infrared light for improving facial skin appearance and wrinkles

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#### Correspondence

Dr Michael Gold, Tennessee Clinical Research Center, Gold Skin Care Center, Nashville, TN, USA. Email: mgold@tnclinicalresearch.com

Funding information Syneron Candela;

#### Summary

Background: Fractional bipolar radiofrequency treatment and treatment with bipolar radiofrequency combined with infrared light have been shown in previous trials to safely and effectively improve the appearance of facial wrinkles.

Aims: To evaluate a high-energy protocol with combined bipolar radiofrequency and infrared light energies for improvement in photoaged facial skin.

Patients/Methods: Seventy-two patients presenting with mild to moderate facial wrinkles underwent a single full-face treatment (n=54) or two treatments (n=18) at 6-week intervals. Independent blinded assessment and investigator assessment were performed, using the Fitzpatrick Wrinkle and Elastosis Scale (0-9) and the Global Aesthetic Improvement scale. Patients also completed a self-assessment question-naire concerning satisfaction with the treatment.

Results: All patients achieved some degree of improvement in their wrinkles and skin appearance, following a single treatment or two treatments with the enhancedenergy protocol. Blinded evaluation demonstrated 71% and 70% of the patients showing improvement of one unit or greater on the Fitzpatrick Scale, at the 12week and 24-week follow-ups post-treatment, respectively. Similar results were reported by investigators. Under the Global Aesthetic Improvement Scale, investigators observed 87%, 91% and 81% of patients showing improvement at the 6-, 12-, and 24-week post-treatment end, respectively. Patients tolerated the treatments well and were satisfied with the clinical results.

Conclusion: The enhanced-energy treatment protocol, with fractional bipolar radiofrequency treatment and treatment with bipolar radiofrequency combined with infrared light applications, yields significant improvement of skin texture, wrinkling, and overall appearance following a single treatment. The results appear gradually over time and are maintained for at least 6 months' post-treatment.

# Nanofractional RF Microneedling



## HIGHLY CUSTOMIZABLE

Highly tunable power and pulse duration for full control of ablation and coagulation, and two tip options for mild to severe skin conditions.

## UNIQUE, CUTTING-EDGE TECHNOLOGY

NanoFractional RF<sup>™</sup> with SmartScan<sup>™</sup> provides uniform energy distribution and safer energy delivery for optimal results.

## SAFE FOR ALL SKIN TYPES

Incidence of PIH is low at 18.1%, compared to CO<sub>2</sub> and Erbium:Glass at 81.8% and 36.4%, respectively.<sup>1</sup>

## LOW DOWNTIME

NanoFractional RF<sup>™</sup> creates micro-wounds in the tissue by ablating channels in the skin, surrounded by in-tact tissue, leading to lower downtime

## HIGH PATIENT SATISFACTION

60% of patients rated the comfort, recovery time, and results of NanoFractional RF<sup>™</sup> treatments as "Excellent".<sup>2</sup>

## ONE DEVICE. ALL SKIN TYPES. ALL SKIN RESURFACING.



# THE APPLICATORS

Now more custom Table for mild to severe conditions MORE

ablation & coagulation



# Pin difference



2 Pin Tip Options

Depth of penetration up to 750µ

Large coverage area for **faster treatments** 

## 2 Tip sizes:

#### 160-pin tip

(with up to 62 mJ/pin) for milder skin texture irregularities

### 80 pin tip

(with up to 124 mJ/pin) for more severe skin concerns-scars, acne scars

No return electrodes – **full, even energy delivery to each pin** 

High energy density in each pin tip higher depth of penetration

Energy is delivered to pin groups in a randomized manner, minimizing discomfort

# Nanofractional Skin Resurfacing

# ABLATION

### Skin resurfacing to address

- Textural irregularities
- Tonality superficial

Removal of tissue by vaporization. Both the epidermis and dermis are treated to **smooth and remove various lesions i.e.,** enlarged pores, pigment (age spots), scars etc.

## COAGULATION

## Collagen remodeling to address

- Wrinkles
- Deep acne scars
- Loose skin

Denaturation of the damaged proteins are being replaced with new collagen fibers for tighter skin.

### **CUSTOMIZABLE AND VARIABLE > BETTER OUTCOMES**



# SMARTSCAN<sup>™</sup> TECHNOLOGY

## What is SmartScan<sup>™</sup> technology?

- Each tip (160 pin & 80 pin) is divided into groups of 4 or 2 pins , respectively
- During a single pulse, each group takes turns being active (acting as electrodes), while the other groups are receiving the energy as return electrodes
- The pattern is completely random
- SmartScan<sup>™</sup> allows higher energy to be delivered safely by having only one group of electrodes (pins) deliver energy at one time
- Discomfort is reduced, risk of adverse skin response is reduced

# Bulk RF Treatment Applicator

# • With (MP)<sup>2</sup> Technology

PROVIDES BULK HEATING TO THE TISSUE THAT CAUSES COLLAGEN CONTRACTION AND STIMULATION, AND THE IMMEDIATE EFFECT OF TIGHTER, FIRMER APPEARANCE OF THE SKIN

- Non-invasive wrinkle reduction
- Proven (MP)<sup>2</sup> technology that combines multipolar RF and PEMF
- No downtime
- Safe for all skin types
- Pain-free



# Nanofractional RF 80 Pin Tip Results

Expanding the Clinical Application of Fractional Radiofrequency Treatment: Findings on Rhytides, Hyperpigmentation, Rosacea, and Acne Redness J Drugs Dermatol. 2015;14(11): 611-617



# A Retrospective Study of Patient Satisfaction Following a Trial of Nano-fractional RF Treatment - 2015



likely to recommend the procedure to a friend.

J Drugs Dermatol. 2015;14(11):1268-1271.

# An efficacy and safety of nanofractional radiofrequency for the treatment of striae alba J Cosmet Dermatol, 2016, 84-90

An efficacy a treatment of	nd safety of nanofractional radiofrequency for the striae alba
Napatthaorn Pong Suriya Pongsawat Skin Center, Srirakharinwiro	srihadulchai, MD, Thep Chalermchai, MD, PhD, Suwirakorn Ophaswongse, MD, MD, & Montree Udompataikul, MD University, Wattara, Bargkok, Thailand
Summary	Background Striae distensae (SD) is a form of dermal scar. A number of treatments have been proposed, but they usually have unsatisfactory result especially in striae alba. Recently, nanofractional RF has been developed. Its mechanism of action is to stimulate dermal remodeling and epidermal re-epithelization. Aim To evaluate the efficacy and safety of nanofractional RF in the treatment of striae alba. Patients/Methods This is an experimental, assessor-blinded, before-after study. Thirty- three subjects, with striae alba on their thighs, abdomen, or buttocks (11 subjects each) were enrolled. Treatments with nanofractional RF were undergone for a total of three sessions at 4-week intervals. Clinical outcomes were assessed, by comparing

# Use of nanofractional radiofrequency for the treatment of acne scars in Indian skin J Cosmet Dermatol, 2017, 16. 186-192

#### ORIGINAL CONTRIBUTION



Use of nanofractional radiofrequency for the treatment of acne scars in Indian skin

Apratim Goel MD | Vallari Gatne DDV

#### Cutis Skin Studio®, Mumbai, India

Correspondence Apratim Goel, Cutis Skin Studio, Mumbai, India. Email: mdcutis@hotmail.com

#### Summary

**Background:** Pitted acne scars of all types remain notoriously challenging to treat with no satisfactory treatment modality, particularly true for darker Fitzpatrick skin types such as Indian skin.

Aim: Nanofractional radiofrequency has been shown to be an effective treatment modality for the cosmetic improvement of acne scars.

**Methods:** Twenty healthy male and female Indian patients aged 16–60 years with Fitzpatrick skin types IV-V and moderate-to-severe acne scar lesions received 1–3 treatments with a nanofractional radiofrequency device (Venus Viva) at baseline and at 3- to 6 week intervals and were evaluated with photographs at each treatment visit and up to 6 months after the final treatment session. Patients reported on their satisfaction with the treatment. The safety of treatments was evaluated by the frequency, severity, and type of adverse events.

**Results:** The majority of study patients achieved improvement in the appearance of their acne scar lesions. There was less improvement on ice pick scar compared to box and rolling type scars, with less impact on ice pick scar type. Overall patient satisfaction from treatment at the 6-month follow-up visit was very high. Adverse events were mild but transient in nature.

**Conclusion:** The data and results presented here support the efficacy of nanofractional radiofrequency used for the cosmetic improvement of acne scar lesions in facial skin. Moreover, the favorable adverse event profile witnessed in this trial underscores the safety of this technology for cosmetic facial treatments such as facial acne scar lesion therapy in darker Fitzpatrick skin types.

#### **KEYWORDS**

acne scars, darker skin types, nanofractional radiofrequency, venus viva

# Clinical Evaluation of Fractional Radiofrequency for the Treatment and Reduction of Wrinkles: A Prospective Study J Drugs Dermatol. 2022.21(1): 43-48

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 43
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 ORIGINAL ARTICLE
 JOURNAL OF DRUGS IN DERMATOLOGY

 Clinical Evaluation of Fractional Radiofrequency for the Treatment and Reduction of Wrinkles: A Prospective Study

Alison Kang MD and Suzanne L. Kilmer MD Laser and Skin Surgery Center of Northern California, Sacramento, CA

#### ABSTRACT

**Background:** Fractional radiofrequency (FRF) technology has been shown in clinical studies to improve skin laxity, and to treat various skin conditions related to aging and alternate collagen structures such as rhytids. The objective of this clinical study was to evaluate the safety and performance of FRF (up to 124 mJ per pin) for the treatment of facial rhytids, emphasizing the upper lip and perioral areas. **Methods:** Enrolled subjects received a series of 3 FRF treatments to the full face, 3 to 5 weeks apart. Immediately after treatment, the subjects were given a scale to assess pain and tolerability of the treatment. Subject satisfaction questionnaires were completed at follow-up visits at 6 and 12 weeks post final treatment. Before and after photographs were graded for change by three blinded evaluators using the Fitzpatrick Wrinkle and Elastosis Scale (FWES) and the Global Aesthetic Improvement Scale (GAIS).

**Results:** Image sets of 10 enrolled subjects (average age 62.7 years) were assessed by blinded evaluators. The overall face FWES score improved from 5.97 (SE 0.20) at baseline to 5.78 (SE 0.22) at 12-week follow-up. The GAIS improved by 0.4 points and was significant compared to baseline (P = 0.0004). Subject satisfaction was high with subjects giving an average satisfaction score of 3.2 ("satisfied") out of 4. Pain was rated "mild to moderate" with an average of 3.9 on a 11-point Wong Baker FACES Scale. Ninety percent (90%) of subjects reported either a mild, moderate, or significant improvement to their treatment area. Eighty percent (80%) of subjects reported that they would recommend the treatment to a friend. There were no reports of adverse events or unanticipated side effects during the duration of the study.

**Conclusion:** A statistically significant reduction in rhytids of the upper lip and the perioral area, was found, as evaluated by independent blinded evaluators. There were no adverse events. Treatment pain was low and tolerable, and subjects had high levels of satisfaction with the results at last follow-up.

J Drugs Dermatol. 2022;21(1):43-48. doi:10.36849/JDD.6492

# Subject Satisfaction of Wrinkle Reduction Following Treatment with Fractional Radiofrequency: A Prospective Study J Drugs Dermatol. 2022.21(11):1221-1227

COPYRIGHT © 2022 ORIGINAL ARTICLE JOURNAL OF DRUGS IN DERMATOLOGY Subject Satisfaction of Wrinkle Reduction Following Treatment with Fractional Radiofrequency: A Prospective Study

Edward V. Ross MD and Briana Wischnack NP Scripps Clinic, San Diego, CA

#### ABSTRACT

Background: Fractional radiofrequency (FRF) technology reduces skin laxity and treats aging-related skin disorders such as wrinkles. The objective of this study was to evaluate participant satisfaction of FRF for the treatment of facial wrinkles.

Methods: A total of 25 male and female patients (average age 60.5 years) were enrolled in this prospective, single center study. Patients received 3 FRF treatments at 3- to 5-week intervals on both sides of the face, using 80-pin (up to 124 millijoule/pin) or the 160-pin tip (up to 62 millijoule/pin) applicator. Follow-up visits were conducted at 6 and 12 weeks after the last treatment. Participant satisfaction was evaluated by individual self-assessment of wrinkle reduction and a patient satisfaction questionnaire. Pain, tolerability, and safety were monitored throughout.

**Results:** The individual satisfaction was high with participants giving an average satisfaction score of 2.8 ("satisfied") out of 4. Pain was rated "mild" with an average of 4.0 on a 10-point Visual Analog Scale (VAS). Tolerability was rated 3.3 put of 4.0, correlating to "very tolerable". Ninety percent (90%) of subjects reported a mild or moderate improvement in their treatment area at 12-week follow-up. **Conclusion:** This study demonstrates that under the FRF pre-sets used, patients are satisfied with results of FRF modality for improvement of their wrinkles. No unanticipated side effects were observed. Treatment was tolerable, and individuals had high levels of satisfaction and tolerability with the results at last follow-up.

J Drugs Dermatol. 2022;21(11):1221-1227. doi:10.36849/JDD.6986

## NanoFractional RF<sup>TM</sup>

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(MP)<sup>2</sup>

- Fractional Radiofrequency and Oral Isotretinoin—A Prospective Randomized Controlled Split-Face Trial Comparing Concurrent Versus Delayed Fractional Radiofrequency Treatment for Acne Scars
  - Clinical evaluation of the efficacy of fractional radiofrequency for the treatment and reduction of stretch marks
- Subject Satisfaction of Wrinkle Reduction Following Treatment with Fractional Radiofrequency
- Fractional radiofrequency-assisted delivery of fluorescent tracer dyes in ex vivo and in vivo skin
- Clinical Evaluation of Fractional Radiofrequency for the treatment and Reduction of Wrinkles
- Safety and efficacy of fractional radiofrequency for the treatment and reduction of acne scarring
- Effects of MP RF and PEMF Treatment for Face and Neck Rejuvenation
- PEMF in the treatment of postoperative delayed union of long-bone fractures
- Pulsed electromagnetic field therapy effectiveness in low back pain
- Pulsed electromagnetic field applications: A corporate perspective

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## **Clinical Papers & Studies**



3Deep



# Fractional Micro Needle Radiofrequency



# Insulated vs. Non-Insulated

## Two main RF emitting methods



# • Efficacy – Published Clinical Studies

In vivo histological evaluation of non-insulated microneedle radiofrequency applicator with novel fractionated pulse mode. Harth Y, Frank I J Drugs Dermatol. 2013 Dec;12(12):1430-3



Gold, M., Taylor, M., Rothaus, K., & Tanaka, Y. (2016). Non-insulated smooth motion, micro-needles RF fractional treatment for wrinkle reduction and lifting of the lower face: International study. Lasers in Surgery and Medicine, 48(8), 727-733.



Depressed Acne Scars - Effective, Minimal Downtime Treatment with a Novel Smooth Motion Non-Insulated Microneedle Radiofrequency Technology

Yoram Harth, Monica Elman, Einat Ackerman, Ido Frank Journal of Cosmetics, Dermatological Sciences and Applications, 2014,4,212-218



Long-Term Three-Dimensional Volumetric Assessment of Skin Tightening Using a Sharply Tapered Non-Insulated Microneedle Radiofrequency Applicator with Novel Fractionated Pulse Mode in Asians

Yohei Tanaka, MD, PhD Lasers in Surgery and Medicine, August 2015



Kaplan, Haim, and Lilach Kaplan. "Combination of microneedle radiofrequency (RF), fractional RF skin resurfacing and multi-source nonablative skin tightening for minimal-downtime, full-face skin rejuvenation." Journal of Cosmetic and Laser Therapy 18.8 (2016): 438-441. Treatment of Acne Scars on Darker Skin Types Using a Noninsulated Smooth Motion, Electronically Controlled Radiofrequency Microneedles Treatment System Pudukadan, David MBBS, MD Dermatologic Surgery: January 2017 - Volume 43 - Issue - p S64–S69



Tanaka, Y. (2017). Long-term Nasal and Peri-oral Tightening by a Single Fractional Noninsulated Microneedle Radiofrequency Treatment. **The Journal of Clinical and Aesthetic Dermatology, 10(2), 45–51**
# Non-Insulated Smooth Motion, Micro-Needles RF Fractional Treatment for Wrinkle Reduction and Lifting of the Lower Face Laser in Surgery and Medicine, published online May 25, 2016

Introduction: Skin aging occurs through both intrinsic and extrinsic processes. Fractional radiofrequency (RF) with a microneedling array is the newest form of fractional therapy to be useful in treating aging skin. The current study utilized a noninsulated fractional RF microneedling system.

Methods: This multicenter clinical trial saw 49 patients complete 3 monthly treatments with the new fractional RF microneedling treatments and be followed for 3 months following their last treatment. Pain during treatment was

## Non-Insulated Smooth Motion, Micro-Needles RF Fractional Treatment for Wrinkle Reduction and Lifting of the Lower Face: International Study

Michael Gold, мD,<sup>1\*</sup> Mark Taylor, мD,<sup>2</sup> Kenneth Rothaus, мD,<sup>3</sup> and Yohei Tanaka, мD, PhD<sup>4</sup> <sup>1</sup>Tennessee Clinical Research Center, Nashville, Tennessee <sup>2</sup>Gateway Aesthetic Institute and Laser Center, Salt Lake City, Utah <sup>3</sup>Rothaus Plastic Surgery, New York, New York <sup>4</sup>Clinica Tanaka Plastic, Reconstructive Surgery and Anti Aging Center, Matsumoto, Nagano, Japan

> wrinkle reduction, skin tightening, and lifting of the mid and lower face with the noninsulated fractional RF microneedling system. Lasers Surg. Med. 2016 9999:1–7. © 2016 Wiley Periodicals, Inc.

> **Key words:** microneedling; wrinkle reduction; radiofrequency; skin tightening; lifting; endymed; intensif; 3deep

# Peer-Reviewed Publications 2020-2021



Efficacy and safety of non-insulated fractional microneedle radiofrequency for treating difficult-to-treat rosacea: a 48-week, prospective, observational study Ben Wang,MD & Yu-xuan Deng, MD Arch Dermatol, 01 July 2021



Nonsurgical facial tightening after a fractional noninsulated micro needling radiofrequency treatment in Asians Yohei Tanaka MD, PhD Dermatological Reviews. 2020;1–7



Skin laxity and stretch marks, therapies supplemented with Endymed 3DEEP<sup>®</sup> RF needles and bio stimulation with PROFHILO<sup>®</sup> body Fabrizio Melfa, MD January 2021, Book ,Chapter 7



A retrospective study of neck rejuvenation using a noninsulated microneedle radiofrequency in Chinese subjects **Bihuan Xiao, MD October 2020, Lasers Med Sci**  • Efficacy And Safety Of Non-Insulated Fractional Microneedle Radiofrequency For Treating Difficult-To-Treat Rosacea: A 48-Week, Prospective, Observational Study

Rosacea is a common chronic facial inflammatory skin disease. However, treatment for "difficultto-treat rosacea" cases has not been established. This 48-week, prospective, observational study analyzed patients who underwent three non-insulated fractional microneedle radiofrequency (NFMRF) sessions at 2-month intervals. Among 34 patients, 22 reported "excellent" or "good" improvement and 30 were "very" or "relatively" satisfied. Skin barrier results revealed that hemoglobin content significantly decreased. No serious side effects were observed. NFMRF alone results in visible improvement and has great efficacy for difficult-to-treat rosacea without compromising patient safety or damaging the skin barrier.



Fig. 3 a–d The photographs of a female subject with recalcitrant granulomatous rosacea at visits 0, 1, 2 and 3. e Histopathological examination showing infiltration of inflammatory cells around blood

vessels and hair follicles, epithelioid tissue cells and multinucleated giant cells constitute granuloma (H and  $E, \times 100$ )

Ben Wang, MD & Yu-xuan Deng, MD Arch Dermatol, 01 July 2021

# 3 platforms in one device Reach both the muscle & the skin

## **Dynamic Muscle Stimulation (DMSt)**

- Activate muscles for a well-defined, toned and lifted look
- Quick, visible effect, no-downtime
- Unlike traditional technologies, triLift targets the muscle, not the nerves and is X100 stronger<sup>1</sup>
- FDA indicated for muscle conditioning to stimulate healthy muscles



## **RFMN: Smooth RF assisted Microneedling**

- Increases the natural volume and tightens and smoothens the skin texture
- 3 times more natural production of Hyaluronic Acid\*
- No numbing, low-downtime

## **TriPollar® RF**

- Thickens and strengthens the dermal layer to treat facial wrinkles
- Regenerates collagen and elastin
- 50% increase in dermal thickness\*\*

#### 1 compared to home use EMS / TENS devices

\*compared to baseline levels, for natural volume in a laboratory study Boisnic S, Branchet MC. Ex-vivo study of hybrid energy technology using a human skin model. Eur J Dermatol 2014; 24(1): 46-52 oi:10.1684/ejd.2013.2233. Ex vivo study results may not translate into actual clinical results.

\*\*compared to baseline levels

# Address the root cause of facial aging: the muscles

Now, you're able to lift and contour the face for youthful appearance, achieving an effect similar to a **face lift**, by targeting the muscles in the face.

Thickens and strengthens the dermal layer, increases natural volume and evens out the texture of the epidermal layer

Achieve a face life like- effect, naturally with no injections or surgery



Baseline 3 months After 4 treatments

• In this study we investigated for the first time the safety and efficacy of a novel Radiofrequency (RF) ultra-thin electrodes tip consist of an array of 100 ultra-thin electrodes 0.15mm width and 0.6mm length.

- Results:
- No Adverse events were recorded.
- All the participants felt comfortable to go out in public.
- Three months after the last treatment, significant improvement in facial wrinkle and texture was noted; FEWS scores decreased significantly from 4.833 ± 0.687 to 2.666 ± 1.178 (p<0.0001).</li>



- Results:
- According to the GAI scale, all patients (12/12) had an improvement in skin texture; 25% (3/12) of participants were very much improved, 17% (2/12) were much improved and 58% (7/12) were improved.
- Immediate response included mild-moderate erythema and only trace-mild edema (in 4/12 patients) in the treatment area.
- Pain during the treatment was minimal with a mean VAS pain score of 3.26/10.



- Conclusion:
- The novel RF ultra-thin electrodes tip tested in this study for the first time was found to be an effective, tolerable and safe method for the treatmen t of wrinkle and skin texture. The Smooth RF assist ablation of the ultra-t hin electrodes contributes to the safety and patient's comfort during the treatment ,minimal pain sensation and reduced downtime.

# Improvement of Skin Texture and Wrinkles Using Radiofrequency Ultra-thin Electrode Technology J Cosmetic Dermatol, 2019-001-5



#### **KEYWORDS**

Correspondence

facial rejuvenation, microneedling, resurfacing, RF, skin texture, ultra-thin electrodes, wrinkles

Clinical and Histologic Evaluation of a fractional Radiofrequency Treatment of Wrinkles and Skin Texture with Novel 1-mm long ultra-thin Pins Lasers Surg Med, April, 2021

#### Clinical and histologic evaluation of a fractional radiofrequency treatment of wrinkles and skin texture with novel 1-mm long ultra-thin electrode pins

Arielle N. B. Kauvar MD<sup>1,2</sup> | Amikam Gershonowitz DVM<sup>3</sup>

<sup>1</sup>New York Laser & Skin Care, New York, New York, USA

#### Abstract

<sup>2</sup>Department of Dermatology, New York University Grossman School of Medicine, New York, New York, USA

<sup>3</sup>Lumenis, Yokneam, Israel

#### Correspondence

Arielle N. B. Kauvar, MD, New York Laser & Skin Care, 1044 Fifth Ave, New York, NY 10028, USA. Email: info@inylaserskincare.com **Background:** Fractional radiofrequency (RF) microneedling technologies have shown effectiveness in treating skin laxity and wrinkles. We report the first experience using a novel device with 1-mm long ultrathin electrodes that utilizes a smooth RF-assisted ablation mode.

**Objective:** To evaluate the safety and effectiveness of treatment with a fractional RF device using 1.0-mm long  $\times$  0.15-mm diameter ultrathin electrode tips for improvement of facial skin texture and wrinkles.

Methods and Materials: This was a prospective, open-label, intraindividual-controlled trial. Nine participants (mean age: 47.6, Fitzpatrick skin type II–IV, Fitzpatrick Elastosis Wrinkle Scale [FEWS] score: 3–6) underwent six treatment sessions with a fractional RF technology utilizing an array of  $6 \times 6$  1-mm long ultrathin electrodes. Treatment effectiveness was assessed by FEWS and the Global Aesthetic Improvement Scale (GAIS). Safety and tolerance were evaluated.

**Results:** Three months after the sixth treatment session, blinded, investigatorassessed FEWS decreased from baseline  $4.33 \pm 0.67 - 3.33 \pm 0.67$  (p < 0.005); 88.9% of participants showed overall skin improvement using the physicianassessed GAIS, and all of the participants reported improvement in skin texture and wrinkles. Treatment was well tolerated, with no adverse events and no downtime. Histological analysis in a porcine model showed a fractional pattern of epidermal ablation and dermal coagulation with intervening zones of normal healthy tissue. These changes were followed by progressive epithelialization over a period of 13 days.

**Conclusion:** The fractional RF technology with the novel 1.0 long  $\times$  0.15 mm ultrathin electrodes tips was effective in improving skin texture and wrinkles without impacting the participants' daily activities.

#### KEYWORDS

fractional, photodamage, radiofrequency, rejuvenation, resurfacing, skin texture, wrinkles

Evaluation of the safety and efficacy of Radiofrequency technology combined with Dynamic Muscle Activation for the treatment of facial wrinkles and skin tightening

2019 – The Tennessee Clinical Research Center

# Novel combination of Radio frequency and muscle stimulation

- The aim of this study was to evaluate the safety and efficacy of
- RF technology combined with Dynamic Muscle Activation (DMA)
- for wrinkles improvement and facial skin tightening, as well as patient tolerance

# Results

- No adverse events or downtime was recorded.
- Three months after the last treatment, Significant improvement in facial wrinkle and skin tightness.
- FES scores decreased significantly from 4.636  $\pm$  0.881 to 2.272  $\pm$  0.445 (p<0.0001).
- VAS pain score of 0.63, the **minimal discomfort** during the treat ment

- GAI, all the patient had an improvement in fine lines & wrinkles as well as in skin tightness;
- 18.18% (2/11) of participants were much improved and 81.82% (9/11) were improved.





# Novel combination of Radio frequency and muscle stimulation

- Conclusion:
- RF combined with DMA was found to be an effective, safe and painless method for the treatment of wrinkle and skin tightening without any downtime.

# Improvement of wrinkles and skin tightening using TriPollar radiofrequency with Dynamic Muscle Activation (DMA) J Cosmet Dermatol. 2020;00:1–6

#### **ORIGINAL CONTRIBUTION**

#### D WILEY

# Improvement of wrinkles and skin tightening using TriPollar<sup>®</sup> radiofrequency with Dynamic Muscle Activation (DMA<sup>™</sup>)

Michael H. Gold MD<sup>1,2</sup> | Julie Biron BSc<sup>1</sup>

<sup>1</sup>Tennessee Clinical Research Center Inc., Nashville, TN, USA <sup>2</sup>Gold Skin Care Center Nashville, TN, USA

#### Abstract

<sup>2</sup>Gold Skin Care Center, Nashville, TN, USA Bac

#### Correspondence

Michael H. Gold, Tennessee Clinical Research Center Inc., Nashville, TN, USA. Email: Mgold@tnclinicalresearch.com Background: Radiofrequency (RF) energy promotes skin renewal by inducing tissue

remodeling through dermal heating and neocollagenesis.

Aim: To evaluate the safety and effectiveness of a medical esthetic system that combines simultaneously TriPollar® RF energy with Dynamic Muscle Activation (DMA<sup>™</sup>) for improving facial skin tightness and wrinkles.

Methods: A prospective, open-label study. Eleven subjects (mean age, 43 years; Fitzpatrick skin type II-IV) with Fitzpatrick Elastosis Scale (FES) score 3-6 were treated. The participants underwent six weekly treatments. Effectiveness of the treatments was evaluated at 1 and 3 months follow-ups after the last treatment, using the FES and evaluator- and subject-rated Global Aesthetic Improvement Scale (GAIS). Treatment safety and tolerance were evaluated as well. Pain was evaluated on a visual analog scale (VAS) of 0-10.

Results: Treatment was safe, with minimal pain (VAS score less than 1), no adverse events, and no downtime. At 1 and 3 months follow-up evaluation, mean physician-rated FES statistically significantly improved from baseline (4.63  $\pm$  0.88) by 2.27  $\pm$  0.45 for both time points (*P* < .0001). According to investigator GAI scale at 3 months follow-up evaluations, 81.8% of patients were improved and 18.2% were much improved in fine lines, wrinkles and skin tightness.

Conclusions: Treatment with RF TriPollar® combined with DMA<sup>™</sup> is effective and well-tolerated treatment for improving skin tightness and reducing wrinkles.

# The procedure: what should patients expect?

#### Non- invasive procedure

No injections or surgery- and without having to go under the knife

#### Immediate, quick visible effect

For the best and longer lasting effects-

a course of 4-6 treatments once a week is recommended

#### Short treatment with no downtime

- Takes about 16 minutes only for the lift mode (DMSt+RF)
- Additional 10 minutes when combined with triFX RF micro needling
  - (3Xtreatments from the total of 4-6)

#### After the first treatment

Patient should expect to see and feel an immediately natural-looking improvement



Lift Mode (DMSt + RF)-Big Hand Piece



#### Lift Mode (DMSt + RF)-Small Hand Piece



triFX RF-Micro Needling

# Build the *ultimate* Aesthetic package

Customizable multi-modality workstation



• Advanced & customizable

The multi-modality workstation offers a complete selection of complementary handpieces to suit your business needs. Expand your system at any time by simply plugging in a new handpiece



# RF Microneedling(RFM) Handpiece

RF Microneedling is a popular treatment that can safely and effectively address a range of face and body concerns. This innovative handpiece combines the benefits of Microneedling with Radio Frequency (RF), taking skin rejuvenation to the next level.



# • RFM features & benefits



# Advanced vacuum technology & 2Mhz delivery for improved comfort

- The latest move from 1 to 2Mhz allows for the most comfortable RF microneedling treatment on the market.
- The unique vacuum feature gently pulls the tissue into the tip resulting in even and accurate treatment depth, increased safety, and improved comfort for the patient.
- Vacuum is a major benefit when treating sensitive areas around the eye and t-zone.





# • RFM features & benefits



## Non-insulated needles for optimized results

- Fractional radio frequency energy is delivered through the entire length of the needle for uniform and consistent energy delivery.
- Tips are available in 25 and 10 pin options.
- Maximum needle depth is 3.5mm.





Insulated needles available also

# • RFM features & benefits



# Sophisticated motor for smooth & fast performance



- Smooth and fast insertion of needles is maintained using unique motor mounting control technology.
- Patients will experience a delicate procedure without severe recoil when needles are inserted into the skin.

# • How RFM works

The RFM handpiece uses a combination of vacuum technology and fractional Radio Frequency Microneedling (FRM) for precise delivery of thermal energy into the skin. The thermal energy in combination with the slight injury caused by the microneedles, stimulates the production of collagen and elastin to regenerate the skin and improve tone and texture. Common treatment benefits include: increased skin elasticity, fine line and wrinkle reduction, improved skin texture, a reduction

in scaring and stretch marks.



Tissue stimulus through needling
RF irradiation to desired depth



Wound healing
Induction of regeneration



- Wound healing regeneration period - about 3 weeks
- Collagen elastin synthesis



Collagen remodeling



# WHAT IS SYLFIRM X

- next generation of biopolar RF microneedling
- The only device with dual mode capability specifically designed to treat all skin layers\*: epidermis, basement membrane and dermis
- Developed by the pioneer in RF microneedling technology, Dr. Na
- Patented microneedle technology delivers RF energy efficiently to the target area minimize discomfort and downtime.
- Satiety and efficacy is documented in 26 publications
- High patient satisfaction rate offering the most asked about cosmetic procedures



# **BUILT ON SCIENTIFIC EVIDENCE**

Ultrasound measurement after Microneedling (DermaStamp) in 2009 Pathologic human skin study after Microneedling in 2009 Microneedling alone shows significant improvement in skin



Dermis longitudinal : 2.1mm

Ultrasound shows an average of 28.3% skin thickness increase after VITICAL MICRONEEDLING treatment

85%-90% o patients experienced dermal thickening







Dermis longitudinal : 2.69mm

Histology shows neocollagenesis and reorganization of collagen fiber building a stronger foundation in the dermis



# HOW it WORKS – "THE NA EFFECT"

# Independent Coagulation via Bipolar RF Microneedling in 2015



Na effect: "Independent electro thermal coagulation around each electrode of bipolar radio frequency."

"It is distinguished from other bipolar radio frequency tissue reactions which are electro thermal coagulation between both electrodes."



OPEN Electromagnetic Initiation and Propagation of Bipolar Radiofrequency Tissue Reactions via Invasive Non-Insulated Microneedle Electrodes Microneedle Electrodes

# THE NA EFFECT



#### The Experiment:

- A high-speed digital video camera: Phantom v710 (Vision Research Inc., Wayne, NJ, USA) with capture rate of 1,000 frames/s
- A maximum conduction time of 7 seconds
- A signal amplitude of 50V
- Time x Frequency x Power = Jule



• PW mode, unique to SYLFIRM X, targets epidermis and basement m

embrane to improve sun damaged skin

- **CW mode** targets the dermal layer providing controlled heating to induce c ollagen remodeling
- Uniquely addressing the entire skin\*
  - Epidermis for improving the appearance of photodamaged skin
  - Basement membrane (at DEJ) to fortify the skin structure
  - Dermal layer by inducing neocollagenesis and dermal remodeling





# **PULSED WAVE (PW) AND CONTINUOUS WAVE (CW)** The Continuous Wave Advantage



# PULSED WAVE (PW) AND CONTINUOUS WAVE (CW)

## The Pulse Wave Advantage



# PULSED WAVE (PW) AND CONTINUOUS WAVE (CW) 300 MICRON

#### Little To No Pain And Anesthesia-Free Treatment

**300 Micron** depth is the only treatment that is capable of treating three layers at the same time: epidermis, basement membrane, papillary dermis.

#### **ECM (Extracellular Matrix)**

- Provides a physical environment for cells to grow
- Takes a role of connecting cells
- The role of sorting and supplying the necessary biochemical factors
- Composition: collagen, elastin, structural proteins, GAG (glycosaminoglycan), growth factors

	Target Depth
0.3~0.5 mm	Superficial Layer (Papillary Dermis)
0.8~1.2 mm	Upper Layer (Dermoepidermal junction)
1.5~2.5 mm	Middle Layer (Upper & Mid Dermis)
3.0~4.0 mm	Deeper Layer (Deeper Dermis & S.Q.)

### **BM (Basement Membrane)**

- ECM' s composition
- Collagen Type IV is located on lamina densa of the Basement Membrane
- Support of epidermal stem cells
- Connection of epidermis to dermis

# **CLINICAL SUPPORT - REBUILDING THE BM**

## Histology Showing Collagen Remodeling and Repair of EDJ

- Basement Membrane or the epidermal dermal junction (EDJ) is damaged due to photoaging
- Damage to the BM can accelerate the aging process
- SYLFIRM specifically targets the BM with PW pulse format to induce nucleogenesis and strengthen the stricture



Image shows enhanced Basement membrane of Dermo-epidermal junction

# CLINICAL SUPPORT EFFICIENT DELIVERY OF TOPICALS

- SYLFIRM X provides the ability to induce collagen via controlled heating and create channels for topicals to penetrate the skin
- Helps patients recover faster and fortify their results with a post treatment topical "skin energy boost" Exosome Regenerative Complex



Viol Co., Ltd. BTS Research Study Number 16P-VLC-001



Figure 1. Animal 2162, Day 1, Treatment Mode F, Treatment Power Level 2, 4x objective magnification. Needle tract identified by marking ink (arrows).



Figure 2. Animal 2162, Day 1, Treatment Mode F, Treatment Power Level 2, 20x objective magnification. Needle tract identified by marking ink contains hemorrhage. Necrotic epidermis surrounding needle insertion site (asterisk). Dilated superficial dermal capillaries adjacent to the needle tract (arrow).

# CLINICAL EVIDENCE BACKED BY 26 PUBLISHED ARTICLES

### **Selected Publications**

- 1. Suhyun Cho et.al, Improvement of Periorbital Wrinkles Treated with an Invasive Non-Insulated Microneedle Pulsed Electric Signal Device; ed Laser 2016; 5(1):34-38, pISSN 2287-8300 eISSN 2288-0224
- Jongiu, Na, Electromagnetic Initiation and Propagation of Bipolar Radiofrequency Tissue Reactions vialnvasive Non-Insulated Microneedle Electrodes; 2015, Sci Rep, 5: 16735
- Moon Choi, et.al, Successful Treatment of Refractory Melasma Using Invasive Micro-Pulsed Electric Signal Device; ed Laser 2015;4(1):39-44, pISSN 2287-8300 eISSN 2288-0224
- 4. Sung Bin Cho1,2,3 Hei Sung Kim4 High-Frequency Alternating Electrical Current: Selective Electromagnetic Tissue Reaction; ed Laser 2016;5(1):1-6, pISSN 2287-8300
   eISSN 2288-0224
- 5. Hyoung Moon Kim, Min Ji Lee, Therapeutic Efficacy and Safety of Invasive Pulsed-Type Bipolar Alternating Current Radiofrequency on Melasma and Rebound Hyperpigmentation: Med Laser 2017;6(1):17-23
- 6. Tae Hwan Ahn, Sung Bin Cho, Invasive Pulsed-Type, Bipolar, Alternating Current Radiofrequency Treatment Using Microneedle Electrodes for Nasal Rosacea Med Laser 2017;6(1):32-36
- Tae Hwan Ahn, MD, PhD\* Sung Bin Cho, MD, PhD, Adjuvant Therapy for Revision Rhinoplasty of Contracted Nose Using Polydeoxyribonucleotide and Invasive Bipolar Radiofrequency; PRS Global Open • 2018
- 8. S.B. Choi, et.al, In vivo skin reactions from pulsed- type, bipolar, alternating current radiofrequency treatment using invasive noninsulated electrodes; Skin Res Technol. 2018;1–8.
- 9. Jung Eun Yoon, Senescent fibroblasts drive ageing pigmentation: A potential therapeutic target for senile lentigo; Theranostics 2018, Vol. 8, Issue 17
- 10. Ana Korosec et.al, Isolation of Papillary and Reticular Fibroblasts from Human Skin by Fluorescence-activated Cell Sorting, Journal of Visualized Experiments, 5/7/2019
- 11. You Jin Jung, et.al, Therapeutic effects of a new invasive pulsed- type bipolar radiofrequency for facial erythema associated with acne vulgaris and rosacea, Journal of Cosmetic and Laser Therapy, DOI: 10.1080/14764172.2021.1880599 To link to this article: https://doi.org/10.1080/14764172.2021.1880599
# New Treatment Parameter for Melasma (currently under study for FDA indication)







#### Article

check for

updates

Citation: Lee, Y.I.; Kim, E.; Lee, D.W.;

Microneedling Radiofrequency on the

Treatment of Senescence-Induced Aging Hyperpigmentation of the

Skin. Int. J. Mol. Sci. 2021, 22, 7480.

Kim, J.; Kim, J.; Lee, W.J.; Lee, J.H.

Synergistic Effect of 300 µm

Needle-Depth Fractional

#### Melasma clinical study combined with LASER toning

#### Synergistic Effect of 300 µm Needle-Depth Fractional Microneedling Radiofrequency on the Treatment of Senescence-Induced Aging Hyperpigmentation of the Skin

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Abstract: Aging-associated dermatological pigmentary diseases are associated with accumulation of senescence cells and the disruption of basement membrane due to chronic ultraviolet radiation (UVR) exposure. Our study is on the synergistic effect of the novel 300 µm needle-depth fractional microneedling radiofrequency (FMR) treatment and conventional Q-switched ND:YAG laser on aging-associated hyperpigmentation of the skin. The prospective controlled clinical trial of 25 Asian women revealed significantly higher improvements not only on wrinkles, but also on hyperpigmentation. Additional ex vivo study revealed significant reduction of pro-melanogenic markers as well as senescent keratinocytes, while increased expression of collagen type IV on the epidermal basement membrane, after additional FMR treatment on UV-irradiated human tissues. These results demonstrate that 300 µm needle-depth FMR might effectively remove senescent keratinocytes that secrete pro-melanogenic markers, and repair disrupted basement membrane, therefore preventing constant hyperpigmentation of the aged skin.

### SUMMARY

- MINIMALLY INVASIVE
- MININIMAL DOWTIME
- COMFORTABLE TREATMENT
- IDEAL FOR:
  - SKIN REVATALIZATION
  - IMPROVES SKIN TONE AND TEXTURE
  - MINIMIZES APPEARANCE OF SCARS
  - IMPROVES SKIN TEXTURE & TONE
- CAN BE COMBINED WITH TOPICAL EXOSOMES



## THE FOUNDATION

Equipped with a RF microneedling handpiece to help support the vital foundation of younger looking skin, collagen, working from the inside out to stimulate the body's natural wound healing response to promote neocollagenesis.<sup>1,2</sup>

#### Signature Treatments

- Secret Radio Frequency Microneedling
- The Secret Gentle Peel (CO<sub>2</sub>)



THE FOUNDATION OF SKIN REVITALIZATION AND REMODELING

### Advantages of RF Micro needling

Two handpiece sizes and two tip sizes and tip styles for customized treatments on the face and body, on all skin types

• 25 and 64 pin

Non-insulated (25) and semi-insulated (25/64)

# Ability to deliver energy with precision at varying depths

 Adjust by 0.5 mm increments, up to 3.5 mm for multi-layered remodeling

#### Adjustable levels of Radiofrequency intensity

Controlled level of injury to manage outcomes and downtime

Results on challenging/delicate areas

#### Advantages of RF Microneedling

Multi-layered dermal remodelling - from the inside out Precise delivery of fractional injuries and RF energy

Largest treatment area provides - 20 min treatments

Minimal to no downtime

Can be delegated to maximize ROI

Intuitive interface for customized treatments

Safe for all skin types, all body areas, all year-round 🤇



#### Non-insulated & Semi-insulated Needles



### A Dynamic Duo

## MULTI-TECHNOLOGY PLATFORM With 2 unique modalities for defined results and optimal outcomes.

Secret PRO combines 2 gold-standard energy sources for full thickness skin revitalization.

While the fractional CO2 lasers targets the epidermal dermal layers all the way down to deep dermis, the RF microneedles can target deeper layers while preserving the epidermis



## Combination Treatment for Greater Effect



#### Post Secret PRO



The histology analyses show an intense superficial fibroblast stimulation with CO<sub>2</sub> but a middle and deep fibroblast stimulation using micro-needle fractional RF.

Biopsies courtesy of Michael Naouri MD

# Advantages of CO<sub>2</sub>



- $\odot$  Technology of choice for skin resurfacing
- Targets epidermal layers and delivers heat to upper dermis
- $_{\bigodot}$  Customizable to patients' needs and downtime requirements
  - Micropeel
  - Fractional CO<sub>2</sub>
  - Combination Tx w RF microneedling

 $\odot$  Optimized for skin types I-III

## Fractional CO<sub>2</sub> Features

SCAN SIZE: 1x1 ~ 20x20mm

DOT DISTANCE: 0.1 ~ 2.0mm

6 different scan patterns for more treatment options

Ellipse







Triangle



Square



Rectangle



Half Circle



## Fractional CO<sub>2</sub> Features

9 various scan modes to control energy delivery patterns for comfort treatment









Diagonal





Even/odd



## Fractional CO<sub>2</sub> Features



#### "i-stack" function"

- $\oslash$  Deepest ablative effect
- Minimal damage to surrounding tissue
- Optimal effect especially
  for deep
  & depressed scars



## Advantages

#### Safe on all skin types (RF microneedling)

#### Treats high, in-demand procedures

Revitalization, skin quality / scarring, dermal remodelling

#### Precision and Customization

 Targeted depths and power to treat superficial and deep remodelling



 $\oslash$ 

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#### All in one solution

- Aggressive >> Gentle
- Youngest >> Oldest
- January >> December

### Microneedling – Conclusions

- Microneedling is one of the most popular cosmetic procedures in 2025
- From rollers to pens to RF pins to RF needles this field continues to grow
- Many new technologies to consider == all can provide benefits to your patients